

## Tour itinerary

### **Day 1: Open fields and duck ponds**

The ride begins on Monday morning following a brief over tea and home-made cakes.

The first day is approximately 45 miles in total with lunch in the old market town of Saffron Walden. We will then pass through Thaxted with its wonderful venerable timber-framed guildhall, and then onto Finchingfield where refreshments can be taken in one of the most photographed villages in England.

Your final destination on day 1 is Castle Hedingham where it is possible to enjoy a well-earned evening meal in a fifteenth century pub.

### **Day 2: Hidden lanes and thatched cottages**

This is an extremely picturesque ride from Castle Hedingham to Newmarket along little-used lanes, taking in the historic towns of Long Melford and Lavenham where we will be stopping for lunch at one of the most striking tea-rooms in this part of the world.

Our destination is the famous horse-racing town of Newmarket; accommodation here is for two nights.

Distance: 43 miles.

### **Day 3: Horses and Ship of the Fen**

This is an optional ride, though highly recommended, as no cycle tour in East Anglia would be complete without a glimpse of the fens and a visit to Ely cathedral.

If you feel like your legs need a rest, you're welcome to stay and explore Newmarket and perhaps visit the National Stud. The choice is yours.

Distance: 33 miles

### **Day 4: King's College and punting**

This is unfortunately our last day and we will be returning to Gamlingay via Cambridge. The last few miles into Cambridge are along the river Cam. We will enjoy a couple of hours in Cambridge, where you can admire some of the old colleges and perhaps try your hand at punting on the river.

The tour will end as it began, with tea and home-made cakes, and hopefully happy memories.

### **Open Fields Cycle Tours**

Hinch's Cottage, 101 Station Road,  
Gamlingay, Sandy, Bedfordshire SG19 3HB